

WATERCOLOR & GOUACHE - Suggested Supply Lists  
SHEMER ART CENTER  
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This class is meant to be an introduction to gouache - I use gouache in two basic ways – both to be introduced in class:

- as an addition to watercolor where the painting still has the look of a transparent painting
- as a gouache painting from start to finish where the opaque passages allow the transparent/translucent underpainting to show through, but the opaque nature of the gouache to be quite evident

Regardless of my intent for the finished work, I always begin with transparent – or translucent – washes. Therefore, it is not necessary to have a full palette of gouache colors unless you really want to. The choice is yours. NOTE: *this is a SUGGESTED list only - if you have your own favorites (colors, paper, etc.) that differ from mine, please feel free to use them - in addition or instead.* You are welcome to use what you already have!

**TRADITIONAL WATERCOLOR LIMITED PALETTE:**

A basic, comprehensive palette of colors should include a warmer and cooler version of each of the primary colors. The following list of basic colors follows this criterion. Though you do NOT need to have the same colors or brands that I use, my favorite limited palette is listed below, in case you would like to have that info. Most are Winsor & Newton - exceptions are noted after the color:

<u>YELLOW or Yellow-ish</u>	<u>RED or Red-ish</u>	<u>BLUE or Blue-ish</u>
<u>Winsor Yellow</u>	<u>Scarlet Lake (Holbein) OR Quin. Red</u>	<u>Cobalt Blue (Sennelier)</u>
<u>New Gamboge Yellow (Daniel Smith)</u>	<u>Permanent Rose (Quinacridone Rose)</u>	<u>Cerulean Blue</u>
<u>Indian Yellow</u>	<u>Quinacridone Magenta</u>	<u>Prussian Blue (Sennelier)</u>

OPTIONAL – one “non-color” such as Indigo, Payne’s Gray, Black, or Burnt Umber to use for a mono-chromatic study – though not necessarily to be used in this class.

**OPAQUE-WATERCOLOR/GOUACHE COLOR PALETTE** – I have a full palette of opaque-watercolor/gouache colors which are listed below. Because this class is meant to be an introduction to gouache AND used in conjunction with traditional watercolor, the number of opaque colors absolutely needed for this class is minimal and are shown in **red**. If you would like to expand your palette further, I recommend the ones shown in turquoise. Now, if you wish to paint with gouache only and not use your watercolor palette, you will need all 3 primary colors (listed as such) as well, in order to have a comprehensive palette.

**NOTE:** some that are listed below are labeled watercolor & some labeled gouache – please see notations after the colors (if you use the Holbein brand you will find several opaque colors in their watercolor line that are not labeled as gouache – additionally, Jaune Brillant No1 watercolor and Jaune Brillant No1 gouache are NOT the same colors, even though they share the same name. I cannot speak to other brands). All colors listed below are Holbein, which is the brand I currently use:

**Primary or Permanent White – both are Titanium White, and I’m not sure of the difference...**

<u>YELLOW or Yellow-ish</u>	<u>RED or Red-ish</u>	<u>BLUE or Blue-ish</u>
<b>Lemon Yellow Primary (Holbein gouache)</b>	Primary Magenta Primary (Holbein gouache)	Primary Cyan (Holbein gouache)
Naples Yellow (Holbein watercolor)	Cadmium Red (Holbein gouache)	<b>Lavender (Holbein watercolor)</b>
<b>Jaune Brillant No1 (Holbein watercolor)</b>	<b>Shell Pink (Holbein watercolor)</b>	Cerulean Blue (Holbein gouache)
<b>Jaune Brillant Nos 1 &amp; 2 (Holbein gouache)</b>	<b>Lilac (Holbein watercolor)</b>	Prussian Blue (Holbein gouache)
Marigold (Holbein gouache)		<b>Aqua Blue (Holbein gouache)</b>
Cadmium Yellow Orange (Holbein gouache)		Cobalt Green Pale (Holbein gouache)

**BRUSHES** - use your favorites - these are mine:

- **#12 round Mimik Kolinsky** (by Creative Mark – Jerry’s Artarama and Amazon) this is my new favorite for both mediums.
- **½", ¾", & 1" Aquarelle (flat brush with beveled tip to the handle), nylon or “blend” (no particular brand)**
- **#8, 10, 12 or 14 round** (Kolinsky sable, nylon or synthetic/natural blend – a favorite of mine, Connoisseur Kolinsky sable #8)
- Round Sumi bamboo – I use Royal & Langnickel LB2 (¾" hair length) & Connoisseur Red Pony Round 8610-2 (1" hair length)
- #4 and/or smaller or larger sizes “Quill”, AKA mop – Raphael, Isabey, Rosemary and other brands
- Winsor & Newton Artists’ Watercolour Sable # 3 or 4 Pointed Round (“pointed round” is longer hair than “round”)
- 2" wash or Hake

**SUPPORT – the surface upon which to paint - watercolor paper, watercolor canvas, clay board, etc.:**

- **100% rag, 140 lb. or 300 lb. cold press or rough** - such as Arches (I use 300 lb. cold press or 140 lb. rough - I don’t care for Arches 140 lb. CP but many do), Canson Moulin du Roy, etc.
- “Quarter sheet” (11x15) or “half sheet” (15x22) is best for a classroom setting (“full sheet” = 22x30). I usually demonstrate on 11x14 or 10x14 block, a portable size for class work and easily framed.
- I also love to paint on archival panels such as watercolor canvas board, multi-media boards, or other sturdy panels that I’ve coated with watercolor ground to prepare the surface for water-media. These sturdy supports allow paintings to be framed without mat or glass. FYI, the paintings must be sealed with varnish or cold wax.

**MISCELLANEOUS MATERIALS AND EQUIPMENT:**

- **Watercolor palette** with lid or personal choice - I use a Mijello/Homee 18 well travel palette.
- **Gouache palette** - I use the same type of palette as above for my gouache paints – for a limited number of colors, just use a white plate or plastic re-purposed lid or similar.
- **LARGE water container**
- **2B drawing pencils, or personal choice**
- **Pencil sharpener**
- **Eraser:** “Vanish” eraser (Jerry’s Artarama), “Click eraser”, gum eraser or kneadable eraser
- **Sketch book** of your choice
- **Extra pieces of “wc” paper or wc tablet - my fave is Strathmore Visual Journal – 9x12, 140 lb. watercolor (NOT multi-media)**
- **Spray bottle** - I often use eyeglasses cleaner spray bottles because of their fine mist spray.
- I add Gum Arabic to my spray bottle to help keep paint from drying out.
- **White facial tissues – non-lotion**
- Drawing board - I use a piece of “plexi-glass” + large clips to use with drawing board or watercolor “block”
- Old towel, bath size or larger – white or neutral color is best – or a blotting surface of your choice
- Pad of tracing paper – 11x14 to cover quarter sheet watercolor paper
- Dura Lar Wet Media Acetate – optional – I order from Dick Blick
- Water soluble pen/black (I use Expo Vis-à-Vis Wet Erase) is helpful for use with the Wet Media Acetate – optional