



Realism Basics in Oils

Instructor – Patrice Al-Shatti

Materials List *suggested list, to be discussed on first day of class*

Please care for yourself as a serious painter and come to class prepared with the best supplies you can afford. With this technique, quality often matters but your paint and reusable tools will also last you a long time. The expectation is that students bring what they need to create and learn.

- One unprimed hardboard painting panel, 8”x10”, 1/8” thick - generally dark brown in color with a smooth surface
 - Richeson & Co. is a common, inexpensive brand. *Please do not bring a primed panel to class.*
- White acrylic gesso (comes in a jar)
- High quality, firm small foam roller brush
- 200 grit sandpaper
- 12” or longer ruler
- Glass palette or pad of palette paper and palette knife for mixing paint
- Pencil (2B or harder) and kneaded eraser
- Newsprint, copy paper, sketchbook paper or some other simple paper for drafting an image, at least 8”x10”
- Winsor & Newton Liquin Original - 2.5 oz bottle is enough
- The Master’s Brush Cleaner and Preserver
- Notebook or sketchbook for taking notes
- Masking tape
- Relatively soft, synthetic brushes with short curved or flat heads in sizes from very small to medium large. Short or long handles are both fine. *NO bristle brushes for this technique.*



- Oval or round mop brushes for blending - small, medium, and large. *Mop brushes are key to this technique.*
 - Here is a link to the type of brush you need:
<https://www.dickblick.com/products/silver-brush-black-goat-silver-mop-brushes/>
- Wipe out tool - These have a wood handle with two rubber heads, one chiseled and one rounded to a point. Kemper is a common brand.
- Solvent such as Gamsol or other odorless terpenoid and jar to hold it such as a Silicoil (eases brush cleaning between colors). *No turpentine please.*
- Artist/professional grade oil paint (Winsor & Newton, Gamblin, Rembrandt, Blick, and Jerry's Artarama Store brands have artist quality lines of paint.)
 - Basic required colors: Titanium White, India Yellow, Veridian, Sap Green, Alizarin Crimson, Naphthol Red or Perylene Red, Ultramarine Blue
 - Additional colors (helpful but not required): Winsor Blue, green shade (a Winsor & Newton color), Transparent Yellow, Quinacridone Magenta
- Palette seal such as Masterson
- Studio apron
- Paper towels - The blue ones from Home Depot shed less
- Essential: clamp or desk lamp capable of holding a 100-watt lightbulb and light bulb for your lamp that gets hot (So no LED)
- A value scale made of cardstock – make or buy one
 - <https://www.thedrawingsource.com/value-scale.html>
- Spray can of conservator's/retouch varnish such as Grumbacher Damar Retouch Varnish, Winsor & Newton Professional Retouching Varnish, or Krylon Gloss Conservation Varnish. *Not final, permanent varnish. These are different products.*



